

MATSHWAO A POTLAKE A TEMOSO YA BOMME



Hlooho e sa batleng ho fola kapa e mpefala ha nako e ntse e ya



Ho tsekela kapa ho akgeha



Menahano ya ho intsha kotsi kapa ho ntsha lesea la hao kotsi



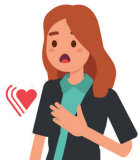
Diphetoho ponong ya hao



Feberu



Ho hema ka thata



Bohloko ba sefuba kapa pelo e otlang ka potlako



Bohloko bo boholo ba mpa bo sa batleng ho fola



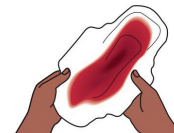
Ho nyekelwa ke pelo ho matla le ho hlatsa (eseng jwaloka lefu la hoseng la boimana)



Ho emisa kapa ho fokotsa ho sisinyeha ha lesea



Ho tswa madi ka botshehading kapa lero le dutlang nakong ya boimana



Ho tswa madi ka botshehading kapa lero le dutlang kamora boimana



Ho ruhua, bofubedu, kapa bohloko ba leoto la hao



Ho ruhua ho feteletseng ha matsoho a hao kapa sefahleho



Mokgathala o feteletseng

Haeba o na le matshwao leha e le afe ana nakong ya boimana kapa ka morao, ikopanye le mofani wa tlhokomelo ya bophelo mme o fumane thuso hanghang.

Haeba o sa kgone ho fumana mofani wa hao, eya phaposeng ya maemo a tshohanyetso. Hopola ho bolela hore o imme kapa o bile moimana selemong se fetileng.

Ithute haholwanyane: <https://saferbirth.org/aim-resources/aim-cornerstones/urgent-maternal-warning-signs/>



Nka senepe ho ithuta haholwanyane

© 2022 American College of Obstetricians and Gynecologists. Ka hona ho fanwe ka tumello ya bakeng sa ho phetwa le ho ajwa ha tokomane ena, ka kakaretso le ntle le ho fetolwa, bakeng sa mesebetsi eo e seng ya kgwebo feela e etseditsweng phuputso, ntlafatso ya boleng, le merero ya polokeho ya mokudi. Ditshebediso tse ding kaofela di hloka tumello e ngotsweng ho tswa ho ACOG.