If you or your baby experience any of these signs:

- You or your baby are in pain
- You feel the baby is pushing
- You feel sedimentary

...call your healthcare provider immediately.

If you or your baby are in pain:

- Call your healthcare provider immediately.

If you feel the baby is pushing:

- Call your healthcare provider immediately.

If you feel a sedimentary:

- Call your healthcare provider immediately.

If you are in labor:

- Call your healthcare provider immediately.

Learn more at: https://saferbirth.org/aim-resources/aim-cornerstones/urgent-maternal-warning-signs/