

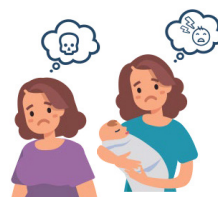
ETAL Q'ILB'AL RECH K'IYSANIK ANINAQIL RIJ



Q'oxom jolomaj
man katani'
taj o sib'alaj
kanimatajik



Sutinem
wachaj o
sachalem



Chomanik rech
ub'anik k'ax chi
rib'il ib' o chech
le ne'



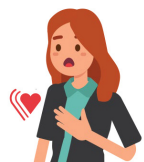
Taq k'exonem
rech le b'aqwachaj



Q'aq'



K'axk'olal ruk'
ujek'ik uxlab'



Q'oxom
uwach k'u'xaj
o aninaq
kasilab' ri
anima



Q'oxom chi pamaj
man katani' taj



Xab'em nim ub'anin
xuquje' muluw
k'u'xaj (man junam
ta ruk' le xab'em rech
nimaq'ab')



Qaq'ati' usilab'em
ri ne' o kaqaj ri
usilab'em



Relik kik' pa le
b'aqilal o utzaqik
flujo are taq yowab'
chi ri winaq



Relik kik' pa
le b'aqilal o
utzaqik flujo are
taq q'axnaq chi
uyowajik ri winaq



Spojem, ub'anik
kaq chech, o
q'oxom chech
ri ra'



Uspojem taq ri
uq'ab' o upalaj



Kosem

We at kana'o che jewa' ktajin kub'an wa' chi awech are taq at yowab' winaq chik o are taq q'axnaq chi ri ayab', chatch'aw ruk' le akunanel xuquje' aninaq chatzukuj tob'anem.

We man katkowin taj katch'aw apan ruk' le aya'onel, jat pa le ja rech aninaqil kunanem. Qas kna'taj chi awech kab'ij che atyowab' winaq chik o xatux yowab' winaq pa le uk'isb'al junab'.

Chaweta'maj nik'aj chi usaqil tzij: <https://saferbirth.org/aim-resources/aim-cornerstones/urgent-maternal-warning-signs/>



Chawesaj taq
wachib'al chech
reta'maxik nik'aj
chi usaqil tzij

© 2022 American College of Obstetricians and Gynecologists (Tijob'al Americano rech Obstetras xuquje' Ginecólogos). Kaya b'e rech kelesax ukawach xuquje' ujab'uxik utzijol we wuj, chi ronojel xuquje' man k'exonem kab'an chi upam, chech ukojik pa taq nik'aj b'anoj man rech ta k'ayinem, rech qas utz kab'an chech rilik xuquje' uchajixik le yowab'. Ronojel ri nik'aj chi ukojik kab'anik rajawaxik katz'ib'ax chi uwach jun wuj rech ACOG