TeleED At-The-Elbow Guide: Malpresentation

- **Presenting part is not a head**

- **Check presentation and dilation**
  - Alert the team: “The baby is not head down”
  - CAREFUL mnemonic: Check, Await, Rotate, Enter, Flex head, sacrum Up, Lift on to abdomen
  - Do not attempt to assist delivery
  - Wrap cord in moist gauze, do not replace, elevate presenting part off cervix

- **Await (hands off!) delivery until after umbilicus is visible**
  - Feet or umbilical cord

- **Rotate to reduce and deliver arms**
  - DO NOT PULL! Gently support emerging breech
  - Legs will deliver spontaneously
  - Keep sacrum anterior
  - Hands on pelvic bones or legs, not torso
  - Reach over top of shoulder, sweep arm across chest and out. Repeat other side

- **Enter vagina to maintain head flexion**
  - Enter vagina at 6:00
  - Place fingers on either side of mouth, keep head flexed
  - Push above pubic bone

- **Keep sacrum Up, Lift on to maternal abdomen**
  - Prepare for neonatal resuscitation
  - If head is entrapped by cervix, can give NTG 0.4mg SL

*Images and CAREFUL mnemonic ©Basic Life Support in Obstetrics, American Academy of Family Physicians, 2017*

See Spontaneous Vaginal delivery ATE Guide for 3rd Stage