

CALAAMADAHA DIGNIINTA HOOYADA IYO DHALLAANKA EE DEGDEGGA AH



Madax-xannuun
aan bixin ama ka
sii daraya waqti
kadib



Dawakhaad
ama suuxdin



Fikradaha inaad
nafataada ama
ilmaha
waxyeeellayso



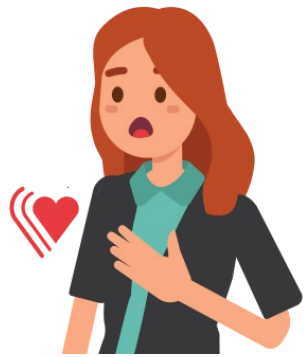
Isbeddelo ku
dhaca araggaaga



Qandho



Neefsashada oo dhib noqata



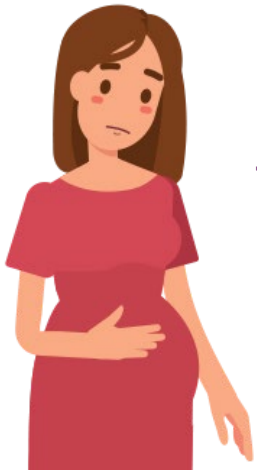
Xabad xannuun
ama wadne si
aad ah u
garaacmaya



Xannuun
dhanka
caloosha ah oo
daran oo aan
baxayn



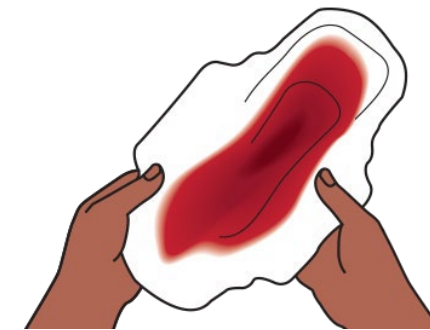
Lallabo iyo hunqaaco (aan ahayn
sida mida subixii ee haweenka
walaca ah)



Dhaqdhaqaaq
a ilmaha oo
joogsada ama
gaabis noqda



Dhiig-baxa farjiga
ama dheecaano ka
yimaada *xilliga* uurka



Dhiig-baxa farjiga
ama dheecaano ka
yimaada *uurka* kadib



Barar,
guduudasho,
ama xannuun
ku dhaca
lugaha



Barar aad u daran
oo ku dhaca
gacmahaaga ama
wejigaaga



Daal xad-dhaaf
ah

Haddii aad qabto astaamahan xilliga uurka ama uurka kadib, la xiriir daryeel-bixiyaha caafimaadkaaga oo hel caawimaad isla markaaba.

Haddii aad heli waydo daryeel-bixiyahaaga, aad qolka gurmada degdegga ah. Xusuusnow in aad u sheegto inaad uur leedahay ama uur qaaday intii lagu jiray sannadkii hore.

Wax badan ogow: <https://saferbirth.org/aim-resources/aim-cornerstones/urgent-maternal-warning-signs/>



Ka qaad sawir
si aad wax
badan u ogaato

© 2022 American College of Obstetricians and Gynecologists (Kulliyada Mareykanka ee Dhakhaatiirta Uurka iyo Haweenka). Waxaa halkan lagu bixinayaa oggolaanshaha nuqul ka samaynta iyo qeybinta dukumeentigan, gebi ahaanba iyo iyadoo aan waxba laga beddelin, keliya marka laga leeyahay dano aan khuseyn hawlo ganacsi oo loogu talagalay waxbarashada, horumarinta tayada, iyo ujeedooyinka badqabka bukaanka. Isticmaal kasta oo kale waxaa loo baahan yahay in oggolaansho qoran laga helo ACOG.

Werinta 5-aad Sitembar, 2022